

WEEKLY MENU

WEEK 1
WEEK 2



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

THEME DAYS

MAIN



Mozzarella & Cherry
Tomato Pizza Frittata
(E, MK)

Mild Goan Chicken
Curry
(CE, G/B*, O*, R*,
W*)

Lemon & Herb Roast
Chicken with Mild Piri Piri
Mayo
(E)

½ Pepperoni Panini
(CE*, E*, MK, MU*,
SO*, G/B*, O*, R*, W)

Fish Fingers or Salmon
Fishcake & Chips
(F, G/B*, W)

VEGGIE



Grilled Courgette &
Broccoli Quiche
(E, MK, G/W)

Vegetable Tikka Kebab
with Garlic Naan
(G/B*, O*, R*, W)

Plant Based "Chickn" Pitta
(MU*, SO, G/W)

½ Tomato & Mozzarella
Panini
(MK, SO*, G/B*, O*, R*,
W)

Cheesy Calzone &
Chips
(MK, G/W)

SIDES



Crispy Garlic
Potatoes

Steamed Rice &
Sweetcorn

Spicy Rice & Grilled Corn

Potato Salad &
Coleslaw
(E)

Beans or Peas

PUD



Fruit Yoghurt
(MK)

Fruit Salad

Fruit Jelly

Fruit Salad

Fruit Jelly

Daily Salad Bar| Homemade Bread| Fresh Fruit

DATES

13 APR / 04 MAY / 01
JUN / 22 JUN / 13 JUL

ALLERGENS

CE = CELERY
CR = CRUSTACEAN
E = EGGS

F = FISH
G = GLUTEN
G/B = BARLEY

G/O = OATS
G/R = RYE
G/W = WHEAT

L = LUPIN
MK = MILK
MO = MOLLUSCS

MU = MUSTARD
N = NUTS
P = PEANUTS

SO = SOYA
SU = SULPHUR
SE = SESAME SEEDS

* = MAY CONTAIN
V = VEGAN
S = SEASONAL VEG



WEEKLY MENU

WEEK 1
WEEK 2



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

THEME DAYS

MAIN



**Three Cheese Pasta Bake
(MK, G/W)**

**Yakatori Chicken
Noodles
(E, SO, G/W)**

**Butcher's Sausage with
Mashed Potato & Gravy
(MK, SU, G/W)**

**Chicken Tikka Kebab with
Pitta
(G/W)**

**Battered Fish or Salmon
Fishcake & Chips
(F, G/B*, W)**

VEGGIE



**Roasted Root
Vegetable Lasagne
(E*, MK, G/W)**

**Sweet Chilli Roasted
Vegetable Noodles
(E, SO, G/W)**

**Veggie Sausage with
Mashed Potato &
Gravy
(E, MK)**

**Tandoori Vegetable Bake
(CE)**

**Vegan Nuggets &
Chips
(G/W)**

SIDES



**Green Salad & Coleslaw
(E)**

Stir Fried Greens

Seasonal Greens

**Rice & Rainbow Slaw
(E)**

Beans or Peas

PUD



Fruit Jelly

Fruit Salad

**Fruit Yoghurt
(MK)**

Fruit Salad

Fruit Jelly

Daily Salad Bar | Homemade Bread | Fresh Fruit



DATES

**20 APR / 11 MAY / 08
MAY / 29 JUN / 20 JUL**

ALLERGENS

**CE = CELERY
CR = CRUSTACEAN
E = EGGS**

**F = FISH
G = GLUTEN
G/B = BARLEY**

**G/O = OATS
G/R = RYE
G/W = WHEAT**

**L = LUPIN
MK = MILK
MO = MOLLUSCS**

**MU = MUSTARD
N = NUTS
P = PEANUTS**

**SO = SOYA
SU = SULPHUR
SE = SESAME SEEDS**

*** = MAY CONTAIN
V = VEGAN
S = SEASONAL VEG**